

Introduction to the Aztec Flower System

In the field of Complementary Medicine we find excellent coadjutant options to Orthodox Medicine. Bach's Floral System Therapy has been studied and practiced in several places around the world. Presently there are around 500 floral therapeutic Systems which corroborate its benefits. It has been endorsed and recognized by the OMS since 1976.

The subtle energetic information the essences provide us with a profound conscience of our negative thoughts and emotions, which reflect on symptoms of illness in our bodies. Today our proposal is to integrate the scientific therapeutic resources with Mexican traditional medicine. In order to do it, the developers of the elixirs – biologist, therapist, doctors and healers conciliate by sharing an ancestral knowledge: The Natural Consciousness of healing.

In ancient Mexico, the indigenous shamans, healers, and herbal healers employed all vegetable and mineral natural resources to the fullest. They were wise and knowledgeable of the healing powers of the elements since Mexico, as few other places in the planet, shares an extraordinary percentage of the biodiversity in the world. It also possesses multiple energy centers of power within its territory. Natives still continue to perceive a Health/disease concept closely related to religion and use *spells* with healing through "power plants". These secrets were transmitted orally and the tradition is still alive among the ethnic groups. The forefathers provided us with knowledge about traditional medicinal plants and thanks to them, some active principles have been isolated and examined from plants that paved the way to valid pharmacopoeia today. The plants with their common and scientific name, taking into account its catalogue, symbolic relationship and popular medicine are investigated in this research. The elixirs are typified by meticulous diagnostic interviews determining the dosage and frequency thus revalorizing the effect and clinical use of their Action.

The Therapeutic System of the Aztec Elixirs

It consists of 45 individual essences and 15 Combined Remedies. The Set contains 4 kits with a total of 60 elixirs which include: flowers, wild fungus; endemic plants; cultivated flowers organically adapted to the region and minerals from the Mexican soil. The system is plural and open since they are mutually combinable and flora research continues in order to be included.

We suggest working with them in this sequence:

(Read their benefits in Kits 1, 2 and 3)

Lesson 1: Eroticism . Self-esteem. Damiana Take Damiana 2 or 3 times a day during one month. Floral silence (without essence intake) 10 days

Lesson 2: Individuation. Biznaga Take Biznaga 2 or 3 times a day during one month. Floral silence 10 days.

Lesson 3: Intuition. Discrimination. Vanilla Take Vanilla 2 or 3 times a day during one month. Floral silence 10 days

Lesson 4: Wisdom. Maturity. Maguey Take Maguey 2 or 3 times a day during one month. Floral silence 10 days.

Lesson 5: Love. Floripondio. Take Floripondio 2 or 3 times a day during one month. Floral silence 10 days.

Lesson 6: Forgiveness. Hikuri. Take Hikuri 2 or 3 times a day during one month. Floral silence 10 days.

Lesson 7: Awareness Amplifier. Teonanácatl . Take Teonanácatl 2 or 3 times a day during one month. Floral silence 10 days.

The elixirs keep an ancestral archetypical message in silence;
let's allow them to speak within us.

Suggested intake for the conscious transformation work of the master lessons:

- Take alone for one month (one elixir at a time) diluted in water or from the stock bottle.
- Stop taking essences for two weeks (Floral Silence) to allow the energetic vibration residues to be cleaned, thus being able to continue with the next elixir.
- The essence may also be combined with the learning of the one directly above placing the amount of drops according to personalized work.

***In synergies: They may be combined with other Flower Systems and elixirs of the world.**

Kit Combined Remedies

An effective therapeutic instrument to facilitate symptomatic synthesis.

They facilitate relief, treatment and healing of certain imbalance circumstances; taking into account the real causes of the illness and guiding the patients towards consciousness of change. The floral synergies are considered as one element or floral essence; may be mixed with any other elixir; and respond to therapeutic needs in a simplified, precise and efficient manner. These mixtures stabilize clinical patterns, improve the issue to treat and do not have undesired effects.

Nevertheless we suggest using criteria to administer the synergies, since they are a complementary tool for therapists and “do not replace the prescription diagnosis nor personalized formulas”.

Combined Azteca Elixirs

1. **Abundance** . It proposes to get in contact with conscious giving and receiving. Abundance is found within, we only have to unblock beliefs, emotions and commands related to love, money, love partners, health, and job success. The formula fosters the ideal well being for each individual.

2. **Self-Healer**. We all possess a functional energy of internal healing. This combination awakens and activates the Immunological System raising our natural physical, emotional, psychological and spiritual defenses. Excellent remedy for chronic and critical ailments because it accelerates the healing process.

3. **Changes and Adaptation**. Combination for people who are going through vital crisis (birth, adolescence, middle age, climacteric stage, menopause, etc.). It predisposes towards acceptance without suffering in circumstances of moving, divorce, abandonment, grief, beginning of school, or any other change produced in life. It avoids stress and burden produced by the above-mentioned events.

4- **Verbal communication**. For those who do not communicate what they think or feel; or those who suffer from verbal expression pathology. Combination which generates energy to the words to be articulate, intentional and assertive. It improves discourse in oral exams, announcers, singers, speakers, families with communication problems or where verbal violent family ties have been established. Useful to be taken by work groups, sports teams, families and individuals. .

5. **Dependency and Addictions**. Helps control addictive dependency to psychopharmaceuticals, alcohol, food, etc. It provides motivation and will to begin to leave the conditioning pattern. Useful in abstinence syndrome of toxic substances.

6. **Depression**. Synergic formulation that works on affectations of emotional pain due to losses, grief, disheartening, depression, melancholy or anguish in general. It improves the person's mood and will. It enables a change in life perspective with humor and predisposition to face tomorrow.

5. **Cardo Santo** – *Cirsium mexicanum* – (wild) Miserly individuals, harden, distrustful. They feel fear of material loss or lacking. Their selfishness and insecurity does not allow them to share their experience. They remain distant, with defensive behavior and at times may feel guilt. It promotes generosity, flexibility and spirituality of the Self.

6. **Hinojo** – *Foeniculum vulgare* – (cultivated) For people feeling uncertainty, depression and are overwhelmed by everyday events. They abandon chores, lose their will and energy. It improves memory. Provides objectivity and physical and mental dynamism. Excellent for treatment of psychosomatic illness due to stress.

7. **Jacaranda** – *Jacaranda mimosifolia* – (cultivated) Indecisive, disperse, disoriented and fearful personalities, with mutability of ideas and cannot finish activities they start. They have doubts about their mission and are not clear on their projects. They suffer from obsessive neurosis, dizziness and accidents. The elixir provides peace and lucidity.

8. **Manto** – *Ipomea purpurea* – (wild) For irritable, hyperactive, dependent and self-destructive individuals. It regulates a chaotic life rhythm, stimulates endorphins and the endocrinal system. Essence to be taken on addictive patterns such as sleeping disorders, bruxism, among other uses.

9. **Menta** – *Mentha piperita* – (cultivated) People who have lost interest, dull, without energy, confused and overwhelmed, with slow thinking process and apathy. Lack of concentration due to excess of psychic activity. It provides clarity, energy, lucidity and quickness to react physically and mentally. Excellent for studying, to keep awake and attentive or for the elderly.

10. **Nopal** – *Opuntia ficus indica* (wild) – Individuals lacking self-confidence, they show themselves to the world as rigid and under pressure. Projecting all their problems to everyone with excessive control. Ideal for couples with emotional incompatibility. The essence provides adaptation, communication and self-confidence.

11. **Onix** – Mother tint from a gem. Anxious personalities, impatient, uncontrolled, sad, with lack of will power. Fear of the unknown. Excellent elixir for digestive problems, it strengthens the immunological system when infection is present, AIDS and cancer.

12. **Ortiga** – *Urtica dioica* – (cultivated) - For working groups or families that constantly undergo conflict situations. Susceptibility, anger, resentment and irritability among the family or group members. Useful in adoptive families, rivalry among siblings, family and group therapy and divorces. It favors expression and union. Clinically proven on skin and respiratory pathologies.

13. **Plátano** – *Musa paradisiaca* – (cultivated) Individuals with harsh personality characteristics, melancholic or depressive. It is considered a masculine aphrodisiac which connects with warmth and wholeheartedness in sexual relations. Excellent remedy for the diabetic profile and the “macho” profile. It has worked on prostate pathology.

14. **Sábila** – *Aloë Vera* – (cultivated) - Ideal for workaholics, with harsh character traits, melancholic or depressive. It is used on chronic skin pathologies, digestive disease and cancer. The essence helps to restore vital energy lost due to excessive effort, strengthening and stimulating all the Subtle Bodies and Systems in the body.

15. **Vainilla** – *Vanilla planifolia* – (Cultivated and wild) - For people who do not listen to their internal voices, having a hard time discriminating what they need to feel complete. They are unsatisfied, anxious, impulsive and are compulsive eaters. Indicated to lose weight, on abstinence syndromes, bulimia and anorexia. It stimulates intuition and the sense of smell and taste. Useful for diabetics.

“A Path towards Transformation with the Subtle Energy of the Master Plants”

(These 7 elixirs are already contained in complete Set.

There is also a Kit presentation of the Master Plants)

Elíxires Aztecas® proposes the reintegration-fusion of the scientific therapeutic resources with Mexican traditional medicine. Yesterday’s wisdom will be tomorrow’s destiny when we grant a transcendence sense to our conscience.

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Psychotherapist, Naturopath.

Master and Practitioner specializing in Flower Essences

We will now explain the method of the therapeutic work according to the contributions of some essential Learning for our individual achievement. This prescriptive strategic approach is based on the archetypal teachings of Nature, whose central goal is the conscious work of emotions as an individual growth process.

The changes will start according to the evolutive comprehension level of each Being and the transformation may happen naturally, if one is attentive and listens to the subtle elixir Messages.

The 7 Master Essences of Mexican soil will provide us exclusive properties of their identifying marks and of the symbolisms hidden in their legends. These 7 plants may be observed in their habitat, regarding the forms and the marks that characterize them, thus showing analogies with a corresponding psycho emotional profile.

1. **Árnica Mexicana** – *Heterotheca inuloides* – (cultivated) People that have lost their strength and vital energy due to shock or psycho-emotional trauma, accidents, nervous exhaustion. Excellent remedy for epileptic and asthma crisis, fright and rehabilitation. The elixir acts as an ether body sealer. Restores, unblocks and regenerates energy.
2. **Biznaga** – *Echinocactus ssp* – (wild) For those who block somber and profound aspects of their unconscious life. Connects with mission and latent talent. Catalyzes integration of our Self allowing congruency between thought, feeling and daily chores. It precipitates stagnant therapeutic work and the capacity to remember dreams. Facilitates introspection with serenity and increases physical and mental energy. The Biznaga elixir is one of the most powerful essences to break pathological conduct patterns conditioned by stereotyped defense mechanisms. The process leads to individualization. Ideal for psychotherapists and seekers of the inner self.
3. **Borraja** – *Borago officinalis*- (cultivated) Introvert personalities with lack of confidence. For those who feel depressed, disillusioned, overwhelmed and weakened. Stimulates adrenaline production, vigor, valor and lost joy.
4. **Calabaza** – *Curcubita maxima* – (cultivated) Works on creative repression, frustration, tension and anger, especially when feminine (receptive) values are rejected in both genders. Increases sensitivity and used in sexual identity crisis. Indicated for psychologically originated infertility caused by fear of aging without conceiving and in sexual organ pathology of both genders.
5. **Cempazúchil** – *Tagetes erecta* – (wild) For those who do not understand or adequately access information. Blockage of systematic or unsystematic learning. Bad verbal communication between parents and children. Develops intuition, tunes senses and metaphysical comprehension. Useful on known and unknown fears.
6. **Chile** – *Capsicum annuum* – (cultivated and wild) People trapped on routine, slow, stagnant and with lack of spontaneity. Lack of motivation and energy to act. Ideal for therapeutic impasse, physical rehabilitation and addictions. Gives will power, decision, enthusiasm and courage to take decisive steps. Promotes change.
7. **Damiana** – *Tumera difusa* – (wild). For insecure, inhibited, passive and depressive women. They channel their libido through verbal hostility. Anorgasmic and lack of sexual desire. The elixir improves self-esteem, lifting erotic repression and catalyses pleasure. In men it works on will power and good predisposition in all areas of their life.
8. **Diente de León** – *Taraxacum officinale* – (cultivated) For structured, anxious, passionate, impatient and intolerant people. Their experiences are so intense that they generate mental, emotional and physical tension. This elixir regulates wear-down energy acting as a muscle relaxant. It is indicated for hyperactivity, psychomotor disorders and provides relief of physical pain.
9. **Frijolón** – *Phaseolus vulgaris* – (cultivated) For those who feel detached from their family, as if they did not belong in the context. Fear of commitment and minimal social integration. Best used during adolescence and with dysfunctional conflictive families. Develops a sense of belonging and social responsibility. It has been proven in Vitiligo (skin hipopigment)

10. **Girasol** – Helianthus annuus - (wild) Ego unbalances related to vanity, selfishness, arrogance or devaluation, low self-esteem and insecurity. Non-resolved conflicts with authority figures or father figure. The elixir's solar energy harmonizes masculine psycho-emotional and behavioral aspects of both genders, providing strength in their individuality.

11. **Limón** – Citrus limon- (cultivated) For those who are reserved, insecure, lacking a sense of humor, low mental energy to make decisions and to study. The elixir stimulates intellectual potential and analytical reasoning. Useful in learning impairment.

12. **Linda Tarde** – Oenothera biennis – (cultivated) For those children and adults with defensive conduct who do not get involved emotionally, avoiding commitment. They are resistant, cold, distant with escapist attitudes. This essence can be taken at any time at any stage in life, it facilitates the creation of relationships and affectionate contact with others. Useful on unwanted children.

13. **Maíz** – Zea mays – (cultivated) People prone to psychosomatic illness. They feel uprooted and overwhelmed by urban life stress, for those who live in overcrowded situations and cannot adapt to the pressure of the environment. It provides orientation, concentration, tranquility and ability to feel connected with the habitat. It is also indicated for fears.

14. **Manzanilla** – Chamomilla nobillis – (Cultivated) Neurotic personalities, irritable, bipolar (cyclical), capricious with emotional tension and anxiety. They usually suffer from illnesses related to the nervous and digestive systems. The elixir stabilizes emotionally, promoting Serenity.

15. **Valeriana** – Valeriana edulis – (cultivated) For hypersensitive, vulnerable and irritable individuals, anxious and nervous. It provides tranquility, calmness and relaxation. Ideal for treating insomnia and recommended for profound rest at night.

1. **Achicoria** – Chicorium Intybus – (cultivated) People who control, are dependant, domineering and possessive with their loved ones. Feel fear of abandonment. Those who sacrifice and give too much to others, expecting something in return. They usually have circulation, gynecological illnesses and depression.

2. **Alcatraz** – Zantedeschia aethiopica – (cultivated) For those who have doubts about their sexual identity and role. The essence balances and integrates the subject's polar aspects and catalyses their definition. It is prescribed for adolescents or adults who repress their homosexual inclinations for fear of social rejection. Useful on important decisions to be made.

3. **Aretillo** – Fuchsia Hybrida – (cultivated) For people who mask and suppress their basic instinctive affections such as anger, sadness or sexuality. For those who overflow their shadow through psychosomatic illness, on the skin, headaches and digestive problems. It promotes energy to be released in a functional manner as well as integrating their rejected aspects.

4. **Bouganvillea** – Bouganvillea spectabilis – (cultivated) Individuals with bad habits and recurring behaviors (addicts), who do not learn from experience and repeat errors. The elixir provides an inner vision to modify the patterns which at present are not efficient. It facilitates learning; ideal for children with learning and behavior disorders.

7. **Sexual Expression.** Synergy that enables libidinal channel opening to express eroticism and intimate contact. It provides sexual appetite to both genders and eases sexual dysfunction therapeutic work. This essence can liberate blockings related to traumatic experiences with sexuality, helping contact with genitals in a loving way.

8. **Intuition and Project.** Remedy for those who do not contact their inner voices to follow the Soul's project, choosing vocation, work, and the proposed road for any area. Ideal for conscious meditation, lucid dreams, and Altered States of Awareness. It increases intuition and parapsychology faculties.

9. **Ties that bind.** Formula that allows breaking pathologic binding patterns such as symbiosis and affections that impede people's development, growth and maturity. Useful in all types of losses; when mourning a death; in dependent personalities, co-dependent, and for twins or apprehensive families. It allows taking care of one's own life in liberty to decide and develop a new model of relationships and to contact others.

10. **Memory and Learning.** Combined remedies for blocked learning, it acts on both brain hemispheres liberating latent abilities. Ideal for intellectual retardations, overwhelming, lack of attention syndromes, reading and writing difficulties. In the adult, it helps memory and treasuring experience. It provides confidence, attention and information synthesis.

11. **Fears.** Remedy that acts on the different forms of fear, apprehension, panic, phobias. For states of anxiety, shaking, fear signs and symptoms, altering due to known or unknown circumstances. It provides peace of mind to face anguish, understanding its root.

12. **Personal Power.** Everyone, under determined circumstances, does not trust his/her own abilities enough. This essence connects with valuing, confidence, certainty, determination and acceptance of ourselves. It liberates false beliefs regarding our aptitudes and latent virtues. Ideal when taking exams, job interviews, and any other confrontation and self-esteem appreciation activity. It provides individual magnetism and personal power.

13. **Purification.** Combination used to clean energetic, physical, emotional or psychological toxins. For those who have used drugs and hazardous substances; for those obsessed with metaphysical and supernatural issues, or hyper-sensitive individuals affected by the thoughts and emotions of others. Indicated for spraying places charged with intrusive negative energies. It works like a natural ionizer correcting the chi. It provides a sensation of well-being and it opens the energetic channels.

14. **Rescue and Stress.** Synergy for emergencies, crisis, and stress. It rescues in dangerous and crisis situations. It provides the lost balance and stability in order to learn how to elaborate these situations without sequels.

15. **Tension and Insomnia.** Tensions, worries, and the accelerated pace of daily life generate stress. Stress causes sub symptoms such as the lack of sleep or being unable to fall asleep. The remedy contributes to inducing sleep and rest with the appropriate relaxation and quiet. We recommend taking 2 drops directly from the stock, 4 hours before going to bed, and then, one take every hour.

1. **Aguacate** – Persea Americana – (cultivated and wild) - For profound emotional imbalance; it stabilizes anxiety, excitability, cyclothymia and depression. In cancerous tumors it stops and isolates the process, helping the patient psycho-emotionally restore appetite and eliminate toxins from the liver, gall bladder, kidneys and lymphatic system. Indicated to sensitize contact therapies (massage, reiki) for the patient and the therapist. Ideal for people with problems with caressing or being caressed and lack of sexual desire or anhedonia. It rejuvenates muscular tissue and avoids hair loss.

2. **Amaranto** – Amaranthus hypochondriacus – (cultivated and wild) Suffering, weak, obsessive personalities with fear of losing control. Coadjutant to hallucinogenic patterns, autism, schizophrenia, melancholy, senile dementia and for biochemical imbalance in addicts. In stress it strengthens the Immunological System. It helps to absorb proteins and nutrients.

3. **Derrumbe** – Psilocybe caerulescens var. Mazatecorum – (wild) - Apprehensive, fearful or cyclothymic personalities from dysfunctional families. For those who evade reality through different addictions and defensive behaviors. Investigated on chronic and critical psychopathologies. Used in substance addictions and anxiety and panic crisis, E.A.C., trips produced by psychoactive plants, cancer, hypertension and terminal stages. In experiences of internal, philosophical, spiritual and psychic search. It does away with obsolete structures. The elixir is cathartic, thus we recommend combining it with other essences in the first intakes.

4. **Floripondio** – Brugmansia x candida – (cultivated) - For feelings of resentment, hatred, envy and revenge. It works Love in all forms. Connects with intuition, sensitivity and kindness. It fosters self-esteem and generous love towards others. For those who love too much, with celotypical patterns, jealousy for fear of abandonment. Useful in respiratory, circulatory, cardiac pathologies, body aches, female sexual dysfunction and tumors on reproductive organs. Used for hysterical crisis, anxiety or panic attacks. Taken for prolonged periods it facilitates remembering dreams.

5. **Maguay** – Agave atrovirens – (wild) - People with immature behavior, impatient, bad temper, resentful and surly. It work on the defensive mechanism of projection. Ideal to be taken by hyperactive, restless children or by senior citizens because it works as a tonic for the nervous, endocrine and circulatory systems. It connects with inner wisdom and a long life.

6. **Mezquite** – Prosopis juliflora – (wild) - Distant, cold, indifferent personalities who enjoy loneliness. They are complainers and resentful. Mesquite children and adults have problems to integrate themselves in groups. This essence is used for fear of open spaces or agoraphobia. Indicated to get in touch with forgiveness, compassion and spiritual wealth.

7. **Mirasol** – Cosmos bipinnatus – (Wild) - For introvert, shy, nervous people with low self esteem. They suffer blockage of expression because they think faster than they can speak. It helps to articulate thought into words. Ideal for public speaking in order to express ideas clearly. For children and adults with speech problems. It improves throat pathologies.

8. **Orquídea Alegría** – Vanda var. Tricolor and Grayish – (cultivated) Serious personalities, boring, lacking spontaneity and humor. With rigid thought structures, repressed, very rational who do not allow themselves to enjoy the pleasurable things in life. For those who had responsibilities since childhood or suffered abuse. Ideal to be able to have fun or laugh. It puts people in contact with their inner child attributes. It helps with cardiac pathologies, sadness patterns and low spirits that can lower body defenses. The essence improves spontaneity in sexual relations, providing relaxation. It catalyzes therapeutic stagnation.

9. **Orquídea Protección** – Miltonia var. vexillaria and phalaenopsis – (cultivated). For those who are vulnerable and hypersensitive to situations or people, feeling unprotected, insecure or disabled. People who have had lack of love in childhood and have lived in abandonment and without a mother's protection. Recommended to connect with angelic guides and with the capacity to remember dreams. In children, it provides deep sleep without nightmares. It helps substance addicts through periods of abstinence. For profound meditative states. (E.A.C., initiations, astral trips, temazcal rituals, etc.)

10. **Pericón** – Tagetes lucida – (cultivated and wild) - People with bad habits and general disorganization. Hyper-stimulated by their surroundings, susceptible to insomnia, obsession or exposed to intrusive negative energy. It is recommended externally by spraying it on the person and the surroundings you wish to purify. It provides relaxation and calmness, especially for babies and restless children.

11. **Peyote** – Lophophora williamsii – (wild) - For people who are arrogant or proud with difficulty to forgive or ask for forgiveness. It helps to cut with issues of the past that are no longer beneficial for our evolution. Essence for excessively rational people, for those who do not connect with a sense of ecological planetary belonging. It works on the latent creative potential, imagination and intuition. It connects with internal and external abundance, opening the doors of consciousness with flexibility. Used in hysterical episodes, psychosis, cancer, anorexia, amenorrhea, diabetes, general aches, asthma and the immunological system. It helps through vital cycle changes (menopause and adolescence).

12. **Plata** – Mother tint of the metal – Aggressive individuals with harsh character traits and blockage of feminine-receptive traits. Indicated to allow the flow of emotional expression, creative ideas and latent sensitivity in both genders. It stimulates right hemisphere brain neuronal cells. It is beneficial for the circulatory system and general inflammations caused by suffocating negative emotions. It helps to protect in radiation. It mobilizes unconscious work, maternal capacity, giving birth, conflictive childhood and flexibility to face stress and tension. It provides emotional balance.

13. **Tabaquillo** – Nicotiana glauca – (wild) - Rigid personalities, harsh, with blocked, numbed or suffocated emotions. Used in anguish, anxiety, self-destructive behaviour and non-deserving attitudes. People suffer from skin and respiratory illnesses, corporal hardening and muscular shields. It connects with abundance, giving and receiving, allowing emotions to flow. Ideal for tobacco abstinence syndrome. It provides calmness, relaxation, flexibility and mystic-intuitive connection.

14. **Tejocote** – Crataegus pubescens – (wild) – Obsessive individuals resistant to change. Ideal to be taken after frustrated romances, grief, separations, significant losses or loss of important material possessions. The elixir “heals the soul” of those who suffer depression due to abandonment. Useful to end pathological relations. Sadness not dealt with cause anger and resentment which crystallize in certain organs. It prevents cancerous tumors, improves circulation, heart pain and it stabilizes emotionally.

15. **Yucca** – Yucca elata – (wild) - For those who fear challenges, are influenced in their ideas and cannot transform behavioral patterns. Excellent elixir to promote spiritual unity. Suffers stress for not being able to adapt socio-culturally. Ideal for circumstances of changes.

16- **Manzano Silvestre** – Malus pumila – (wild) Elixir widely used on people dealing with disability, shame, low self-esteem and feelings of impurity. They are obsessive with order, cleanliness and perfection. It helps with psychic, emotional and physical detoxication. Useful on skin pathology, physical disabilities, anorexia, bulimia, hypochondria, abuse and sexual disorders among other symptoms.

METHODS OF APPLICATION, PRESCRIPTION AND DOSAGES:

External:

- * Gel preparation, water soluble cream and lotions (mix or dilute in amber glass containers). 7 to 14 drops of the Stock are recommended.
- * In baths as immersion (ideal for babies and small children)
- * Aspersions, spray in rooms or offices (dilute 4 to 7 drops from the stock in spring water and alcohol base for conservation, in an amber glass 30 ml. Bottle).

Oral Intake:

- * Direct from Stock bottle: 2 to 4 drops under the tongue 2 to 3 times a day.
 - * 4 to 7 drops diluted in spring water, alcohol base for conservation or vegetable glycerin, in an amber 30 ml. bottle with dropper. Frequency of intake will be according to the patient.
- The normative modality is 4 to 6 times a day.

Synergies:

Elixires Aztecas are combinable with other Floral Systems and elixirs of the world and among themselves. The intake can also be of a single essence.

Expiration: The stock bottles do not have an expiration date.

The date on the box adjusts to national requirements.

Bottles of essences diluted in water and natural conservatives lose their energetic effect in approximately 20 days. In cream or gel base they can last up to 2 months.



Elixires Aztecas

Solar energy within you

System elaborated under the method used by Dr. Bach containing flowers, fungus and minerals from the energized Mexican soil which help individuals in general unbalances.

The Elixires Aztecas direct their action to the individual's awareness and emotions, thus reconnecting him/her with his/her lost nature.

They help to catalyze the latent potential, and they facilitate the expression of our ability to solve our unbalanced conditions in every aspect of life.

The elixirs contain silently an ancestral archetypal message; let us allow them to speak to us from within.

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